

Are you sure your children are safe in your home?

By reading and filling out the following checklist, you can make sure that your children are safe in your home.

Stairs	Yes	No
Is there a safety gate at the top and bottom of the stairwell in your home?	<input type="checkbox"/>	<input type="checkbox"/>
Do banisters have less than 9 cm between the rods?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a space of less than 9 cm between the banister and the floor?	<input type="checkbox"/>	<input type="checkbox"/>
If there are open spaces between the treads of the stair, are these less than 9 cm?	<input type="checkbox"/>	<input type="checkbox"/>
Is the banister designed in such a way that a child can climb on it?	<input type="checkbox"/>	<input type="checkbox"/>
Are the treads slip-resistant?	<input type="checkbox"/>	<input type="checkbox"/>
Is the lighting in the stairway good?	<input type="checkbox"/>	<input type="checkbox"/>
Kitchen	Yes	No
Are sharp instruments such as knives kept in a secure receptacle with a safety lock?	<input type="checkbox"/>	<input type="checkbox"/>
Are cleaning substances, such as washing-up powder, kept in a locked cupboard?	<input type="checkbox"/>	<input type="checkbox"/>
Are medicines and vitamin tablets kept in a locked cupboard?	<input type="checkbox"/>	<input type="checkbox"/>
Are plastic bags kept in a place where children cannot reach them?	<input type="checkbox"/>	<input type="checkbox"/>
Is the cooker fixed to the wall?	<input type="checkbox"/>	<input type="checkbox"/>
Is the oven door fitted with a cooling device so that it does not become hot on the outside?	<input type="checkbox"/>	<input type="checkbox"/>
Are the control knobs on the cooker placed in a position where children cannot reach them?	<input type="checkbox"/>	<input type="checkbox"/>
Does the oven door have a safety lock?	<input type="checkbox"/>	<input type="checkbox"/>
Does the cooker have a cover over the surface/hotplates?	<input type="checkbox"/>	<input type="checkbox"/>
Are electric cables laid so that children cannot pull utensils over on top of themselves?	<input type="checkbox"/>	<input type="checkbox"/>
Is the child's highchair fixed to the table?	<input type="checkbox"/>	<input type="checkbox"/>
Is the child's highchair fitted with reins?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a fire blanket in the kitchen?	<input type="checkbox"/>	<input type="checkbox"/>
Bathroom	Yes	No
Are razors, shavers, scissors and other dangerous items kept in a locked cupboard?	<input type="checkbox"/>	<input type="checkbox"/>
Are cosmetics and cleaning materials kept in a receptacle fitted with a safety lock?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a rubber mat or another kind of slip prevention device in the shower/bath?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a mixer tap with adjustable temperature thermostat in the shower/bath?	<input type="checkbox"/>	<input type="checkbox"/>
Are electric shavers, and other electrical utensils out of the reach of children?	<input type="checkbox"/>	<input type="checkbox"/>
Is the baby's changing table steady, with a safety belt and 10 cm high sides?	<input type="checkbox"/>	<input type="checkbox"/>
Is the bathroom floor slip-resistant?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a steady footstool for the child at the wash basin?	<input type="checkbox"/>	<input type="checkbox"/>
Children's room	Yes	No
Are shelves, cupboards and chests of drawers fixed to the wall?	<input type="checkbox"/>	<input type="checkbox"/>
Is the child's bedside lamp fixed to the wall?	<input type="checkbox"/>	<input type="checkbox"/>
Is the rug on the floor slip-proof?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a 6 cm or less space between the rails of the cot?	<input type="checkbox"/>	<input type="checkbox"/>
If the child uses a bunk bed, have precautions such as railings been fitted to prevent falls?	<input type="checkbox"/>	<input type="checkbox"/>
Are your children's toys suited to their age?	<input type="checkbox"/>	<input type="checkbox"/>

Windows

Yes No

Are the openable panes of the windows less than 9 cm?		
Are the window latches fitted with finger saver guards?		
Are there cord shorteners for cords on Venetian blinds?		
Is there safety glass in doors and table tops?		

Doors

Yes No

Is there a finger saver hinge guard on the outside door?		
Is there a finger saver hinge guard on the balcony door?		
Is there a pump on the balcony door?		
Is there a safety lock on the balcony door?		
Is there a finger saver on the inside doors?		

Electricity and electrical equipment

Yes No

Is the electrical switchboard fitted with a residual current operated circuit-breaker?		
Does the residual current operated circuit-breaker work?		
Are the electrical sockets fitted with a child safety cover?		
Are multi socket plugs and extension cables fitted with child safety covers?		
Is the television fixed to the surface on which it stands?		

Fire prevention

Yes No

Are matches and lighters kept in a receptacle with a safety lock?		
Is the family familiar with all escape routes should fire break out in the home?		
Are there smoke alarms in the home and are they in good working order?		
Is there a fire extinguisher in the home?		
Do the family and other persons living in your home know how to use the fire extinguisher?		
Is there a gas detector, if your home has a gas cooker?		
Is the emergency number 112 clearly visible by the telephone?		
Does everyone know how to call the emergency services?		

Other safety measures and considerations

Yes No

Are radiators which can heat up to high temperatures guarded from small children?		
Are there safety shields on sharp edges of tables etc.?		
Are shelves and cupboards fixed to the wall?		
Are firearms kept in a locked gun cupboard?		
Are there any poisonous plants in the home?		
Is the baby's pram fitted with reins?		

For further information on child safety and accident prevention, go to the ICE-SAR website, www.landsbjorg.is, under accident prevention.

You may also call +345 570 5900 or email skrifstofa@landsbjorg.is